

## Station 6 Before and After OTN

### Instructions

1. Find the 2 foot x 3 foot poster with a picture of a man in a wheelchair that looks like this:

## Before and After OTN

- Mr. Jones spent most of his life outdoors working on his farm, taking care of animals and fixing equipment. He has dementia and his wife couldn't care for him any longer at home so he now lives in a LTCH. During the winter months he's become more and more agitated. He gets up in the night and starts taking things apart including his bed, lamp and shelving unit. He strikes out whenever anyone tries to stop him. During the day he is lethargic and stares out the window for hours on end.
- Select cards from the small envelope and place them into the before or after category. Check the answer key in the big envelope to see how many you got right.
- How many benefits of OTN can you spot? Consider the perspectives of the resident, his family and the care team.

2. Find another 2 foot x 3 foot poster that looks like this:

Before	After
BSO Mobile Team plans to come for a meeting with the staff and family members but the roads are closed due to bad weather. The meeting is delayed by 2 weeks. The staff are spending extra time with Mr. Jones, coping as best they can.	Within 2 days of referral, the BSO Mobile Team videoconferences with members of the care team and the BSO staff. They discuss strategies to try. 3 days later they meet again to discuss small improvements.
BSO Social Worker from the Alzheimer Society plans to come for an in-person meeting with Mr. and Mrs. Jones but there's a flu outbreak so she cannot enter the home. The meeting is delayed 10 days. Everyone's stress level goes way up.	BSO Social Worker from the Alzheimer Society meets by video conference with Mrs. Jones and their daughter when they are visiting the LTCH. She also offers a short just-in-time learning session for the staff. Everyone's stress level is lower because they have some strategies.
Mr. Jones becomes more and more agitated, and he is referred to a Geriatric Psychologist at a hospital 90 minutes away. The staff takes plenty of time to prepare him for the trip. The trip takes a toll on both Mr. and Mrs. Jones. She is so tired that she cannot understand or remember what the doctor said.	Mr. Jones becomes more and more agitated over time, and he is referred to a Geriatric Psychologist. With the support of the care team at the LTCH, the doctor does an assessment, discusses the situation with Mrs. Jones, and changes medications. Mrs. Jones is very pleased with this doctor visit.
Mr. Jones does not like to play games or socialize much. He spends lots of time sitting and he is despondent.	Together with his wife, Mr. Jones takes part in a chair exercise program offered by videoconference 3 times a week. Both their mood improve.

3. Tape the posters to the wall or lay them on a table beside each other.
4. Remove the descriptions from the After column and place them beside the second poster. If the poster is mounted on the wall, make sure each After description has masking tape on the back.
5. Place the sheet with the correct configuration of After descriptions nearby in a big envelope.
6. The task for participants is to place the After description beside the corresponding Before description. Once they're done, they should check the nearby sheet to see if they have the correct configuration.
7. Once each participant has completed the activity, make sure he or she has removed the After descriptions and placed them beside the poster.